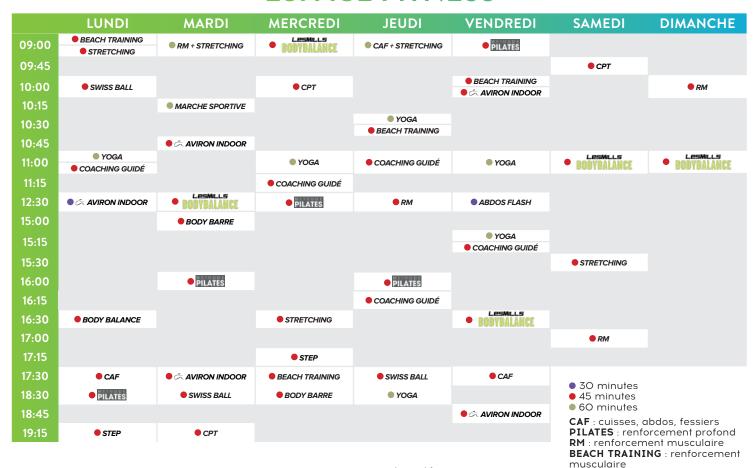




ESPACE AQUATONIC

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE	
09:00	AC/TA		AC	AQUA GYM	AC			
09:30		AQUA GYM		AQUA GYM				
10:00	AQUA GYM		AQUA GYM / TA		AQUA GYM		AC	
10:30	AQUA GYM	TA	AQUA GYM		AQUA GYM			
10:45		AC		AC		AC		
11:00	AQUA GYM		AQUA GYM	TA	AQUA GYM		AQUA GYM	
11:15						TA		
11:30							AQUA GYM	
11:45							TA	
12:00	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM		AQUA GYM		
12:30	AQUA GYM	AS	AC	AS	AQUA GYM	AQUA GYM		
13:45	AC				AC			
14:00		AQUA GYM	AQUA GYM	AQUA GYM	TA			
15:00	AQUA GYM		AQUA GYM	AC	AQUA GYM			
15:30	AS	AC	AS		AS			
16:00				TA				
17:00	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM		
17:30	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM		
18:00	AS	AS	AS	AQUA GYM	AS	AS : Aguastretching		
18:30	AQUA GYM	TA	AQUA GYM	AQUA GYM / TA	AQUA GYM	AC: Aquacycling TA: Training Aquatique		
19:00	AQUA GYM		AC	AQUA GYM	AQUA GYM			
19:15		AQUA GYM						

ESPACE FITNESS



CPT : culture physique tonique